

Buford High School
Athletic Trainer Job Description

General Summary:

Under general supervision of the athletic director provides athletic training services for student athletes to maintain health and fitness for participation in athletic competition.

Definition of Athletic Training Services *(as defined by the National Athletic Trainers' Association Job*

Description for the High School Athletic Trainer @ www.nata.org):

The management and provision of care of injuries to a physically active person as defined in the state practice act with the direction of a licensed physician. The term includes the rendering of emergency care, development of injury prevention programs and providing appropriate preventative and devices for the physically active person. The term also includes the assessment, management, treatment, rehabilitation and recondition of the physically active person whose conditions are within the professional preparation and education of a certified athletic trainer. The term also includes the use of modalities such as mechanical stimulation, heat, cold, light, air, water, electricity, sound, massage and the use of therapeutic exercises, reconditioning exercise and fitness programs.

Essential Functions:

1. Supports and upholds the mission, vision and strategic goals of Lancaster County School District.
2. Effectively interacts, communicates and collaborates with students, parents, colleagues and other stakeholders.
3. Establishes a safe, supportive, positive and productive environment for all students.
4. Directs sports medicine program for high school athletic department including injury prevention, injury evaluation, and injury treatment.
5. Makes recommendations for participation.
6. Renders immediate medical care and first aid to injured players.
7. Tapes/wraps body parts to support muscles and ligaments.
8. Treats acute and chronic musculoskeletal injuries and related disabilities through various therapeutic modalities and therapeutic exercise.

Prevention:

1. Applies braces and athletic tapes for support and protection.
2. Issues/fabricates other protective equipment for injured athletes.
3. Promotes prevention of injuries through staff meetings, memos, and equipment and facility evaluations.
4. Coordinates annual physical examinations for athletes.
5. Reviews annual physical examination results and emergency information.
6. Creates and implements an emergency action plan for the athletics program.
7. Develops and implements appropriate guidelines and protocols for health and safety related issues for the school's athletics program.
8. Evaluates and makes recommendations regarding environmental issues that might affect athletic participation.
9. Advises on the selection, fit, function, and maintenance of athletic equipment.

Evaluation, Immediate Care, Treatment, and Rehabilitation:

1. Provides athletic training coverage for a variety of home varsity athletic events; is on-call for junior varsity athletic events.
2. Evaluates and treats athletic injuries and conditions that occur during the course of school-sponsored athletic participation.
3. Determines and recommends when referral to physician or other healthcare provider is appropriate.
4. Recommends when an athlete may return to participation after injury.
5. Provides for regularly scheduled sessions for the evaluation and treatment of athletic injuries.
6. Insures that appropriate athletic training equipment and supplies are available and accessible when covering an athletic event.
7. Prescribes therapeutic exercises.
8. Operates and maintains therapeutic modalities, rehabilitation equipment, and diagnostic instruments.

Organization and Administrative:

1. Assists parent/athlete in making appointment for further evaluation with affiliated physicians.
2. Establishes relationship with physician(s) who will serve as team physician(s) for athletic program.
3. Renders athletic training services under the advice and consent of a licensed physician as required by state practice act.
4. Communicates regularly with physicians regarding referrals and advisement.
5. Acts as a liaison between physicians, the school, coaches, parents, and the athlete regarding issues of injury and health.
6. Maintains accurate records of injuries and treatments.
7. Administers athletic insurance claims; answers insurance questions.
8. Provide coaches and athletic director a list of athletes medically eligible to compete under district and state guidelines.
9. Maintains medical records of athletes in accordance with state practice act.

Knowledge and Skills:

Knowledge of the policies, procedures and activities of the school district which pertain to the specific duties and responsibilities of the position. Knowledge of the records, forms and reports which must be prepared and maintained. Knowledge of emergency procedures and first aid techniques. Knowledge of athletic training methods, techniques and procedures. Knowledge of proper maintenance and use of equipment materials and supplies used in daily activities. Knowledge of methods used in instruction and evaluation of student athletic trainers. Knowledge of counseling methods necessary for handling athletes' special needs. Knowledge of athletic training equipment and devices and protective equipment. Knowledge of current professional issues. Knowledge of school safety issues. Ability to provide athletic training services. Ability to perform emergency procedures and first aid techniques. Ability to operate athletic training devices and equipment. Ability to fabricate and ensure fit of protective equipment. Ability to maintain and interpret records and reports. Ability to provide training, instruction and guidance of student athletic trainers through explanation, demonstration and supervised practice. Ability to identify athletes' problems, provide counseling and/or recommend appropriate action. Ability to demonstrate high level application of technology devices necessary for daily activities. Ability to communicate effectively with students and their parents, district staff, coaches, medical personnel, and all other groups involved in the activities of the job. Ability to perform manual work requiring some physical strength and agility.

Working Conditions:

Conducts duties in both indoor and outdoor environments with some exposure to heat, cold, disease (through handling bodily fluids), and ethyl chloride. Requires constant attention working with students and long work hours. Strenuous physical demands are occasionally required to lift/move items weighing up to

one hundred fifty pounds. Occasional local and overnight travel is required. Job requires the operation of athletic training equipment.

Responsibility:

Responsible for athletic training room equipment and supplies. Supervises student athletic trainers and students in medical/therapy situations.

Evaluation:

Performance of this job will be evaluated annually in accordance with provisions of the school board's policy on evaluation of certified personnel.

Disclaimer Statement:

This job description is not intended as a complete listing of job duties. The incumbent is responsible for the performance of other related duties as assigned/required.